

# RSV VACCINE



RSV vaccines provide protection from severe respiratory illness caused by the respiratory syncytial virus (RSV).

RSV vaccines are recommended for all adults ages 75 and older and adults ages 60-74 who are at an increased risk with certain medical conditions.

Although RSV can impact individuals of all ages, it poses a particularly high risk for infants and older adults.

## Debunking Myths



RSV vaccines are for older adults only.



There is a maternal RSV vaccine recommended for pregnant people between 32-36 gestational weeks to protect their newborn from serious respiratory illness.

Scan for more information about RSV and available vaccines!



## Protect Your Health!

### KEY FACTS ABOUT INFLUENZA, COVID-19 AND RSV VACCINES



Immunization Action  
Coalition of Washington



Information sourced from [immunize.org](https://immunize.org), [cdc.gov/vaccines/](https://cdc.gov/vaccines/), and WA Department of Health: [doh.wa.gov](https://doh.wa.gov)

# INFLUENZA (FLU) VACCINE



The flu vaccine is an annual vaccine recommended for everyone aged six months and older. Vaccination provides important protection from influenza illness and its potential complications.

## Debunking Myths



The flu shot gave me the flu.

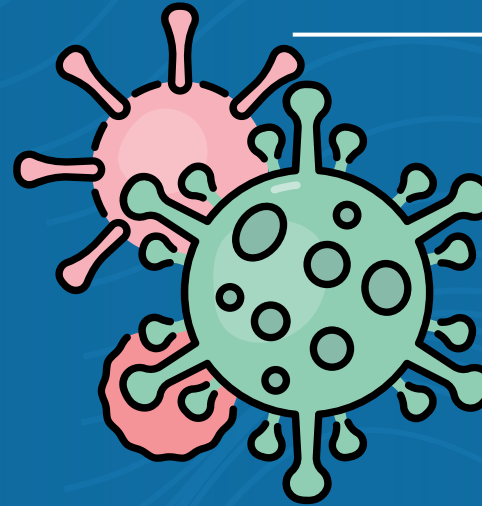
No one I know gets the flu so it's not serious.



The flu shot cannot give you the flu. It contains inactivated (killed) virus or uses recombinant technology, which is not capable of causing illness.

The CDC reported that there have been at least 35 million cases of the flu, 400,000 hospitalizations, and 25,000 deaths during the 2023-2024 season.

# COVID-19 VACCINE



The COVID-19 vaccine for the 2024-2025 season is recommended for everyone aged six months and older.

The COVID-19 vaccine offers protection against severe illness, hospitalization, and death.

## Debunking Myths



You can get COVID-19 from receiving the vaccine.

Once you've had COVID, you don't need the vaccine.

The vaccine was developed too fast, so it's unsafe.



The vaccines do NOT contain the SARS-CoV-2 virus. mRNA vaccines help human cells make protein that triggers an immune response and the spike protein itself is harmless and cannot cause COVID-19.

Re-infection with COVID-19 is possible! You can receive the latest vaccine dose 2-3 months after onset of symptoms if you haven't already gotten the current season's vaccine.

The vaccine went through extensive full-term clinical trials, testing, and safety monitoring. Multiple federal agencies worked together to ensure that COVID-19 vaccines are safe and effective.